

1<sup>st</sup> National Conference on Recent Advancement in Depression Management

Wednesday, 1<sup>st</sup> May- 2019 (08:30 AM to 5.30 PM)

Organised By:

Sri Healthcare- Research International, SHRI

In collaboration with

Indian Academy of Health Psychology, IAHP

Venue : University of Calcutta, N.R. Sen Auditorium,

Rajabazar Science College Campus, 92 A.P.C Road, Kolkata-9

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Conference Programme

1<sup>st</sup> May, 2019

Time		Programme
8:30 AM-09:30 AM	:	Registration and Breakfast
9:30 AM-10:20 AM	:	Inaugural Ceremony
Welcome address	:	Dr. Sanghamitra Sau Sengupta [Co- Founder of Sri Healthcare-Research International, SHRI]
Address	:	Dr. Debdulal Dutta Roy [ Psychology Research Unit, ISI, Kolkata]
Address	:	Prof. Sudip kumar Das [Head. Department of Chemical Engineering , University of Calcutta]
Inaugural Address	:	Prof. Amlan Chakrabarti [Dean, Faculty Council for Post- Graduate Students in Engineering and Technology. University of Calcutta]
<b>Release of Conference Souvenir</b>		
Presidential Address	:	Prof. Anand Kumar [President of Indian Academy of Health Psychology]
Vote of Thanks		Anil Bairagi [Co- Founder of Sri Healthcare- Research International, SHRI]
<b>Pre-Lunch Session : Chairman- Prof. Anand Kumar</b>		
10:20 AM-10:55 AM	:	Key Note Address on “Depression and Management” - by Shri Gajanan Kelkar, M.Tech (IIT Mumbai), Trustee & Research Director of Manoshakti Trusts India
10:55 AM-11:20 AM	:	Guest Speech on “Strategic Progression of Medications and/or Psychotherapy to Administer Depression In Prime Care” - by Dr. Mohammad Ali Khalid, M.A( Psy) PhD in Clinical Psychology, USA., Adjunct Faculty - M.BA &EMBA Program, Ahsanullah University of Science and Technology And Senior Consultant Psychologist, Bangladesh

11:20 AM-11:40 AM	:	Speech on “Neuro feedback Therapy in Depression” – by Dr. Anand Pratap Singh, MPhil in Clinical Psychology, PhD in Clinical Psychology, Head. Deptt of Psychology & Mental Health, School of Humanities and Social Sciences, Gautam Buddha University, Clinical Psychologist, India
11:40 AM-12:00 PM	:	Speech on “ Rabindrik Psychotherapy & Management of Depression” – by Dr. Debdulal Dutta Roy, MA( Psy) Specialization in Abnormal Psychology, PhD in Organizational Psychology, IIT, Kharagpur, Regional secretary of the Indian Academy of Health Psychology, Regional Secretary of the Indian School Psychology Association or InSPA. Division convener of psychological assessment, National Academy of Psychology (NAOP)
12:00 PM-12:20PM	:	Speech on “Depression Management Using Technology” – by Manish Sau, B.Tech, Electronics Engineering, Co – Founder of Ovonts, Co- Founder of Sri Healthcare- Research International, SHRI
<b>12:20 PM- 1:05 PM : Paper Presentation</b>		
12:20 PM- 12:35 PM	:	Topic : “Prevalence of Depression Among Adolescence” – by Papiya Ghosh, Student, Pursuing MA
12:35 PM- 12:50 PM	:	Topic : “Probable Determination of Level of Professional Happiness and Depression in Private Sector Working Professionals of Kolkata” - by Dr. Abhijit Pandit, M.Sc. (Physics ), MBA(Marketing Specialization), PhD (Business Management), Asst Prof. Amity University, Kolkata, India
12:50 PM- 1:05 PM	:	Topic : “How Nature Soothes Down Depression” - by Dr Ananya Gupta Khan, Naturopath, Yoga Teacher, Alternative medicine practitioner.
<b>1:05 PM- 2:05 PM : Lunch Break</b>		
<b>Post-Lunch Session : Chairman- Dr. Mohammad Ali Khalid</b>		
2:05 PM- 4:25 PM	:	Panel Discussion on “Depression Prevention and Management”..... Moderator: Manish Sau
		<b>Topic : “ Treat, Prevent, Manage Depression” - by</b> Dr. Sanghamitra Sau Sengupta B.Sc(Hons), Diploma in IT M.A  Psychology; Certification in Psychiatry& medicine, ISTDP M.P.C   Alternative Medicine Health Psychologist – Psychotherapist, Gold Medallist Registration No- IBAM/RMP/A-4350 Pregnancy- Prenatal Educator Internationally Certified Breath worker CB5 Knowledge Consultant
		<b>Topic : “Ante- Natal &amp; Post- Partum Depression “ – by</b> Dr. Payel Biswas Soo Bachelor of Physiotherapy Certified in Obstetrics & Gynaecology Physiotherapy, USA Internationally Certified Childbirth Educator, Lactation specialist, Women’s Health Psychotherapist Co-Founder and Director, Institute of Human Science For Holistic Health
		<b>Topic : “ Understanding the magic words to keep tragic incidents Away” - by MS Varsha Satyan</b> MA in Child Care and Education. BPNI certified Infant and young child feeding counselling specialist. Visiting consultant in home & hospitals
		<b>Topic : “Depression among GenZ: The Role of Parenting Style” - by Dr. Rita Karmakar</b> MA, PhD Assistant Professor Amity University

		India
		<b>Topic : “Understanding “The Negative” : The “Other” Self in Prevention and Management of Depression” – by</b> Sarala Kapoor MA, MIPS, MIPA(London) Psychoanalyst Secretary, Indian Psychoanalytical Society, Kolkata India
		<b>Topic : “Living the Gita : Ancient Wisdom for Modern Life” – by</b> Broja Sorensen West Bengal based Best Selling Author@ Amazon Studying Social Psychology at the University of Queensland, Australia
<b>4:25 PM- 4:40 PM : Tea Break</b>		
4:40 PM- 5:30 PM	:	<b>Little about “SHRI”- by</b> Shri. Anil Bairagi B.E( Chemical Engineering),Deputy General Manager, Indian Oil Corporation Limited, IOCL Co- Founder of Sri Healthcare- Research International, SHRI
<b>Concluding Steps, Remarks and Valedictory</b>		